

Sessions and Topics

Session 1: The Curious Leader

Great leaders are self aware. They are intentional and invested in their own development.

We survey these topics:

- The Growth Mindset
- Strengths Finder (Assessment)
- Leadership Communication Style Profile (Assessment)
- Workplace Appreciation Language (Assessment)

Session 2: The Conscientious Leader:

Your EQ (emotional intelligence) trumps IQ in long term success, both personally and professionally.

We survey these topics:

- Self Awareness, Self Management, Social Awareness, Social Management (Assessment)
- Stress and Anxiety
- Getting out of Your Comfort Zone
- Define your CORE Values
- Think about your Thinking
- Empathy and Vulnerability

Session 3: The Courageous & Connected Leader:

Your ability to communicate with confidence as a leader takes work. Learn how to create strong interpersonal skills in order to lead others.

We survey these topics:

- Verbal and Nonverbal Communication, Listening
- Team Building
- Building Trust & Collaboration
- Diversity and Inclusion, Leading a Diverse Team
- Conflict Management Style (Assessment) & Difficult Conversations

Session 4: The Captivating Leader:

Leaders are the one who steps up, steps out and gets things done.

We survey these topics:

- Public Speaking/Pitching/Presenting
- Storytelling
- Executive Presence/Persuasion/Influence
- Motivating self and others/Recognition

Session 5: The Credible and Clarifying Leader:

Leaders help us make sense of the world and pivot quickly during change.

We survey these topics:

- Change Management
- Change Leadership
- Coaching Self and Others

Session 6 & 7: The Capstone for Leaders

Put it all together: End Your Program with a (2) day capstone project for participants. Take a current problem or goal within the organization for the leadership group to tackle, put together a proposal, and pitch to a distinguished panel of organizational leadership.